

# STAR

There are currently around 16000 children in care in Scotland, more than half of those children will have siblings who do not live with them. Regular quality contact between separated brothers and sisters does not always happen. For some there is no contact at all.

STAR is a registered charity based in North East Fife which was set up to provide the opportunity for regular, quality sibling contact for brothers and sisters who are separated in the care system or through adoption.

Run from its unique farmland setting it provides a fun, exhilarating learning environment where the children can foster emotional bonds and help overcome the trauma associated with being separated from their parents and siblings in a natural, calming and fun environment.



- ★ available to all ages
- ★ FREE of charge
- ★ Can accommodate large sibling groups



## STAR Garden



Children can learn about healthy eating, participate in all aspects of growing fruit and vegetables and prepare their own healthy snacks.

## STAR Wigwam



The perfect space for arts and crafts, drama, music, quiet play and story telling.

## STAR Forest



As well as the known physical benefits of outdoor play we recognise its positive impact in terms of mental and emotional well-being. Opportunities for free play in natural environments boost children's confidence and social skills whilst promoting learning experiences through exploration and imagination.

## STAR Beach

